

THE MONEY GYM ...where you go to get fiscally fit!

Does thinking about your finances make you anxious? Are you concerned about how you would manage if you lost your job? Have you ever stood in line and worried that your credit card will be denied? Do you get stressed out trying to manage your money? Or all of the above? If so, you are not alone.

Today, more and more, families and individuals are finding it difficult to make ends meet. By working with a TBICO budget coach, you will have help getting your finances back on track. Financial literacy workshops will give you the tools to build your credit history and begin setting goals for your future.

You work for your money. Learn to make your money work for you.

Call TBICO at 203-743-6695 ext. 100 Or email to info@tbicoworks.org



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MOCK INTERVIEWS

Practice, practice, practice.

TBICO's 30-minute mock interview sessions mirror an actual job interview, giving you the opportunity to practice what to say and what to do during an interview and get feedback.

Work one-to-one with an HR professional who will guide you in crafting your best responses to questions like *tell me about yourself* and why *should we hire you*.

THE JOB SEARCH TEAM

Wednesdays @ 10 AM



Job searching is not an easy task,...especially if you are doing it on your own!

TBICO's job search team will help you ride the ups and downs of searching for employment. Whether you want help staying on track with your job search, advice on how to start looking for a job, or how to move ahead in today's job market, this might be a good place to start.

The Job Search Team meets on Wednesday mornings at 10 AM. Call to save a seat!

DIGITAL LITERACY

TBICO is a licensed Northstar Digital Literacy Assessment Center



Northstar Digital Literacy Assessments, offered through TBICO, are aimed at helping adults acquire the basic skills they need in today's workplace.

The lessons are easy to understand and navigate. Online lessons are self-paced and include both audio and written directions to accommodate a variety of learning styles and levels. Live instructor-led webinars and one -to-one tutor sessions provide the necessary support and reinforcement.

Northstar is especially helpful for job seekers who would like to improve or increase their digital literacy skills so they can expand their career options and opportunities.

Northstar Certificates provide an important credential for employment, as even entrylevel jobs increasingly require basic computer skills.

Northstar Digital Literacy Certificates confirm you have the skills for the job!

RESUME STRATEGY



Hiring managers

may have to sort through hundreds of resumes for one job! Learn how to make sure your resume gets noticed!

Learn to create a resume that reflects your skills and experiences and can be easily tailored to showcase your most relevant qualifications for each job you are seeking.

Discover how to use keywords and specific phrases to customize your resume to any job description and how easy it can be to tailor your resume to every job you apply for.

TECH TUTOR TIME



TBICO offers 30 minute one-to-one tutoring sessions for those registered and active in a TBICO learning portal.